

# CONFIDENCE - One



## Worksheet / Ages 4-7

Name \_\_\_\_\_ Age \_\_\_\_\_

Class \_\_\_\_\_ Date \_\_\_\_\_

*"Climb mountains to see lowlands."*

Chinese Proverb

*What does it mean to have Confidence?*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*How have you shown your Confidence?*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*List three examples:*

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Directions:**

Use this worksheet during the month to answer the two Confidence questions. Include a drawing or drawings of the instances that you feel show the best example of your Confidence. Parents, help your younger children understand the different ways in which they can show their Confidence by creating "situations."

*Example:* riding their bike without assistance; preparing their own lunch, etc.